



NEWSLETTER

15th May 2020

THE WEDNESDAY NIGHT THING

Wednesday saw the return of our family quiz and the return of our random bonus Qs...the fantastically random answers...and of course our completely random prizes! Here's a selection of the prize winners celebrating their winnings - you can clearly see how happy they are!



“Allan Miller in a pair of women’s tights” says it all really!

This week we would like to say a few thank you's



For donating a lunch token & whole load of tinned goods for our store



For baking & donating cakes for our cuppa & chat service



For a very kind £100 donation & giving your change to our cash tins in the local shops!



Our wonderful call handling & distribution team of volunteers!



Monday 18th
Kids Clubs Update



Tuesday 19th
#BKRG20



Wednesday 20th
Bingo Night



Thursday 21st
TikTok Challenge

You are all AMAZING!

HI FOLKS,

Hope you are enjoying our newsletter and that it's keeping you up to date with the group and what's going on in the community. I can't quite believe it's been 2 months since we started the group and the third issue of our weekly newsletter already! It certainly keeps me busy!



I just wanted to say a quick hello and introduce myself. I'm not originally from the village...an 'Outlander' I think they'd say lol...but I've made it my home these last 10 years or so and met a truly amazing bunch of people along the way. Life has changed considerably for us all these last few weeks and when Covid-19 hit our shores I wanted to do something to help. The group was set up to provide & manage the emergency response in the community and so I got involved and hey presto the next thing you know I'm on the volunteer committee and given the title of Vice Chair! Still not quite sure how that happened!

The emergency response hub has handled over 237 calls and we have a team of over 30 response volunteers who take your calls and deliver around the villages. I'm amazed at what we have achieved over these last weeks and the support we have received from the community. Without our volunteers, and your donations, we wouldn't be able to do what we do so a tremendous thank you to each and every on you.

One of the key messages of the group is to promote a strong recovery and we are doing this through our response hub and through community engagement and outreach activities. Along with being Vice Chair it seems I also volunteered to become the community outreach & engagement lead lol - we are working to establish a solid foundation for community recovery through our outreach programme and to support the emotional & mental wellbeing of our communities. For anyone that knows me they will know that I am passionate about supporting the emotional wellbeing of our young people, and through my work with schools and in the community this has been my focus for many years. But I also support the wellbeing of the wider community and making sure we reach our most vulnerable community members, and as we continue through this uncertain time supporting mental health will become more important than ever.

We have a long term vision for our outreach & engagement programme and have lots of activities and events planned so please stay tuned into what the group are doing through the newsletter, our Facebook page, BKRK Group pages, and our website. If you would like to get involved in any of our activities, or you would like to get involved as a volunteer, please get in touch either by calling, messaging us or by email. We'd love to hear your ideas & suggestions for our newsletter or activities and your 'local hero' nominations! Our 'PenPal' slot needs you to get involved so please let us know a little bit more about you.

Thanks for listening (or should I say reading...)

Katrina



**BLACKWOOD & KIRKMUIRHILL
RESILIENCE GROUP**

**MONDAY TO FRIDAY
10AM - 12PM**

**07943 990 630
07943 804 965**



**YOU CAN CONTACT THE
COMMUNITY ENGAGEMENT TEAM**

F: [https://Facebook.com/
blackwoodandkirkmuirhillresiliencegroup/](https://Facebook.com/blackwoodandkirkmuirhillresiliencegroup/)

Email: info.bkrk@gmail.com

WWW.BKRK.ORG

COMMUNITY OUTREACH





Get involved in our **VILLAGE ART PROJECT** and help us tackle problem areas around the village. This might involve litter lying around, dog poop or rubbish being dropped or it could be something that you think is bad for the environment!

We want **YOU** to make a **poster** about it and we will then make it into a sign to put up in the village to make people aware of the problem!

But how do you get started? Each week we will tell you what we want you to do & share some top tips on our **CLUB PAGE**. We've even got some videos on the go for you and we've listed below what the weekly activities will be so you know what to expect. And when you register we will give you one of our **Village Art Project** packs to get started.

There's also a chance to win one of our Arts & Craft Goodie Bags by sharing your photos, videos and updates to our **CLUB PAGE**

**SURE FUN
BEBG TEAM**

Week 1
When you are out and about on your daily exercise notice the areas around you and have a think about what is good & what is bad about them. Take photos & videos & post them to our **CLUB PAGE**

Week 2
Tell us something about why you think it's a problem. It might be litter that has been dropped that makes the place look messy and dirty, or it could be dog poop on the pavements that you could step in!

Week 3
Time to have some fun with a slogan! A slogan is a short phrase that gets a message to people. Some examples would be "Just Do It" (Nike) and "I'm Lovin' It" (McDonalds). We'll have more examples & tips to help you on our **CLUB PAGE**

Week 4
Now that you've done all your detective work and had some fun with your slogan it's time to get creative with your **Village Poster!** Your pack will have an A4 paper pack for you to use so have a practice and when you're ready just follow the instructions on how to lay out your poster on our **CLUB PAGE**





Join our **RAINBOW CLUB** garden project and have fun making a garden area using only items that can be reused & recycled! Using the items that you collect your challenge is to create a garden space the square in size for planting...**BUT**...we want you to put as much into the space as possible!

We will share ideas on our **CLUB PAGE** to help you get inspired (look out for our videos!) & when you register, your name will be added to receive one of our garden packs (compost, seeds, bedding plants) when they are available.

Over the next few weeks we will share activities for you to do on our **CLUB PAGE** & there's also a chance to win one of our Arts & Crafts Goodie Bags by sharing your photos, videos & updates to the **PAGE**.

**SURE FUN
BEBG TEAM**

Week 1
Find a space to make your garden - remember it only has to be 1m square & you might want to mark it out! Start collecting items from around the house and garden that can be reused & recycled to make your garden. Visit our **CLUB PAGE** & website for ideas for your garden space and what you can use!

Week 2
It's time to paint & design the items you have collected and start to think about your garden design. Be colourful, get creative and have fun! Get your adults involved too! Remember to get ideas from our **CLUB PAGE** & website.

Week 3
Time to get planting and really start to get your garden going with all the items you have collected, painted & designed and put them together. Your garden is starting to take shape and you might even have some new ideas! Have you been sharing your photos & ideas?

Week 4
Wow! Your garden really is looking great! Take a step back and look at your amazing design. Does it need any changes, is there something missing, have you had a new idea you want to add. Now is your chance to help everything up and get it looking fabulous. Remember to keep taking photos & videos!

OUR COMMUNITY TIME CAPSULE IS SUPPORTING THE DIFFERENT COMMUNITY PROJECTS AND WE NEED YOUR HELP!

Are you good with videos & photography?

Can you tell us about the history of the village, share your memories?

Do you have story to tell or are you doing something you want to share?

Are you one of our invaluable key workers or volunteers?




COMMUNITY TIME CAPSULE

SHARE YOUR VIDEOS & PHOTOS
STORIES & MEMORIES
WHAT WE ARE DOING AS A COMMUNITY
WHAT WE ARE DOING INDIVIDUALLY
WHAT'S HAPPENING AROUND THE WORLD

**LET'S CAPTURE THIS MOMENT IN TIME
ONE COMMUNITY TOGETHER**

WHAT ELSE IS HAPPENING

THE WEDNESDAY NIGHT THING



Fancy a natter... join us for a 'coffee & cake' down the phonewe'll even drop off a cake to you!



Keep sharing your fantastic Messages of Hope!

WHAT'S NEW?

Spotlight on the Community!



My name is Mary Husband,



I was born in Boghead and lived there till I was married in 1948. Mary Bulloch was my maiden name. I am from a family of ten girls and 3 boys. We had a very hard life.

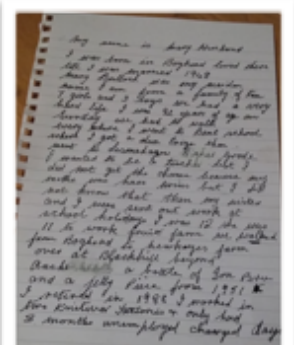
I was 92 years on Sunday.

We had to walk everywhere when I went to Bent School, that's where I got my Dux Pupil before going to Lesmahagow Higher Grade. I wanted to be a teacher but I did not get the chance because my mother was having twins but I did not know that then, my sister and I were sent out to work during the school holidays. I was 12, she was 11. We worked on a fruit farm, we walked from Boghead to Hewkayes farm over at Blackhill, beyond Auchenheath with our bottle of Irn-bru and jelly piece. I worked in two knitwear factories between 1951 and 1988 with only 3 months unemployment - changed days. I retired in 1988.

Mary.



Thank you for your letter, sharing a wonderful piece of history and letting us get to know you better!



DRUM ROLL PLEASE....

Our **LOCAL HERO** this week is **ALLAN MILLER** for always being on hand to lend a helping hand and travelling far & wide when he needs to!

Not only does he dedicate his time to keeping us entertained every week from his living room....he is an integral part of the BKRK team & the community!
THANK YOU FOR ALL THAT YOU DO!